

# Food for Thought

A newsletter published by Community Kitchen of Monroe County, Inc.

August 2019

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LifeDesigns  
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RBBSCS  
Stone Belt  
The Rise  
Transitional Services Inc.  
United Way of Monroe Co.

## Program transition from summer to school

Summer programs have wrapped up and school year programs have begun! This summer we delivered sack lunches to children in ten low-income neighborhoods and 3 youth programs. We provided over 13,000 of those meals this summer, working from the day school was out until the day before they started back again. We appreciate all of the food and financial donations, as well as, the volunteer assistance that makes this program possible. We had an excellent group of dependable volunteers that made the summer go smoothly. We were able to claim reimbursement for 83% of the meals we served to children in summer 2019, up from 75% last year. That narrows the cost gap a little more than last year and makes it possible for us to continue to serve children, even when we cannot get reimbursement for all of those meals. Thank you!

As the school year has started, Backpack Buddies begins this week. We finished the spring semester with over 425 children in 21 schools, participating in the Backpack Buddies program. This program will use about 3,400 lbs of food each week throughout the school year. We are heavily dependent on food donations to make up most of that needed food, to keep program costs low and manageable. We continue to purchase fresh fruit for the program and other foods when necessary, but welcome donations of food to cover all of the meal components we like to include. Each student receives a bag of about 8lbs of food to help them and their families with weekend food supplies.

*\*Check out the Backpack Buddies food list on the back page to learn the most useful types of foods to donate for Backpack Buddies.*



## Volunteer Spotlight - Martha Wailes

In June, 2012, Martha Wailes began volunteering in at Community Kitchen on the early morning shift, putting together sack lunches as part of our Summer Food Service Program. It wasn't long before she shared the knowledge of that program with friends and found herself explaining about the prep and delivery of those lunches in low-income neighborhoods throughout the area. She still takes the time to educate those around her about the variety of programs that we support and how volunteering contributes to those efforts.

Martha was surprised to learn about the variety of foods served to our patrons and the commitment we have to making flavorful meals, introducing new spices and ingredients whenever possible. In the beginning of her volunteer work, she was also surprised to learn that we provide carryout meals through a variety of programs. Because Martha is so active in other pursuits in Bloomington, she sees the value and really appreciates the partnerships that we have with other agencies to provide services.

When Martha isn't at Community Kitchen, she enjoys watching bluebirds in her yard. She enjoys bluebirds so much that she grows mealworms to feed to the bluebirds. She puts out 10-25 mealworms per day to keep everyone fed and happy. The neighborhood children have learned all about mealworms from Martha, and enjoy keeping track of Martha's "crop".

In addition to growing mealworms, Martha has a purebred Bouvier des Flandres dog at home who is a lively and lovable companion. Martha is currently recuperating from a knee replacement and has had plenty of time to spend with her buddy over the past weeks.

Martha also belongs to a play-reading group. This group has been together for some time and Martha's description of how much fun they have learning roles and reading the plays is quite entertaining.



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# THANK YOU!

We would like to thank the following organizational and institutional supporters and we encourage you to thank them, as well. The groups below have provided financial, in-kind, or volunteer support since our last newsletter:

Abbvie	Ellettsville House of Prayer	Paypal Giving Fund
Arden Place	First United Church	Perry Township Trustee
Author Solutions	Fresh Thyme	Personal Finance Center
Back and Neck Pain Relief Center	Gaden KhachoeShing Monastery	Second Baptist Church
Banneker Community Center	Goods for Cooks	Seven Oaks Classical School Inc
Baxter	Hand in Hand a Stone Belt Project	Simply Primitive
Baxter Employee Giving Campaign	Herald-Times and Hoosier Times	Solsberry Hill
Baxter International Foundation Matching Gift Program	Highland Lounge Saturday Morning Breakfast Club	Soma Coffeehouse
Bethel Lane Holiness Community Church	Highland Village Church of Christ	South Central Community Action Program
Blockhouse Bar LLC	Hilger Enterprises - Orkin Pest Control	Southern Hills Church
Bloomington Bagel Company	Indiana Department of Education	St. Charles Borromeo Catholic Church
Bloomington Friends Meeting (Quakers)	IU Law School - ICLEO	St. Mark's United Methodist Church
Bloomington Garden Club	IU School of Medicine - 1st Year Students	State Employees' Community Campaign
Bloomington High School South Honor Society	Kroger	Steve's Roofing & Sheet Metal
Bloomington Township Trustee	Kroger Community Rewards	Stone Belt
Boys & Girls Club of Bloomington	Lennie's	Strauser Construction
Buskirk Chumley Theater	Life Designs	Transitional Services
Carmin Parker	Little Union Baptist Church	Tri Parish
Centerstone	Lularoe	Trinity Episcopal Church
Century 21 Scheetz	Mallor Grodner LLP	Truist (United E Way)
Christian Student Fellowship	Manolo's Wines	Unionville Church of Christ
Church of the Latter Day Saints	Michael's Uptown Cafe, Inc.	Unitarian Universalist Church
City of Bloomington Common Council	Monroe County 4H Junior Leaders	United Way of Bartholomew Co.
Community Ford	Network for Good	United Way of Central Indiana
Congregation Beth Shalom	Nick's English Hut	United Way of Greater Philadelphia
Cross Roads United Methodist Church	North Central Church of Christ	United Way of Monroe County
Cummins	One World Catering	Unity of Bloomington
Dolan Ridge Community Church	Orion Management Group	University Baptist Church



## Donor Wall

We are happy to give you a glimpse of our new donor wall. This wall commemorates the major donors to our building project from 2010 through paying off the mortgage in 2018. Each coffee cup carries the name(s) of a donor who gave a major gift to support the purchase, renovation and mortgage payoff of our 1515 S Rogers St location. Thank you!

## Bloomington Pie Contest

An event in support of Community Kitchen

Baker (Entrants): \$15

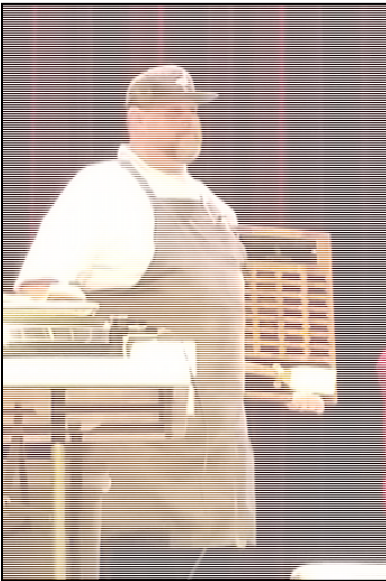
Taster (Guest): \$10

Register here: [bloomingtonpie.eventbrite.com](http://bloomingtonpie.eventbrite.com)

More info: [bloomingtonpie.com](http://bloomingtonpie.com) or <https://www.facebook.com/events/3065260990180687/>

# David Tallent takes home the Gold Spatula

On Sunday August 4, 2019, Chef David Tallent took home the Golden Spatula, making him the winningest contender in the history of Chefs' Challenge. David previously won the event in 2009 and 2010, making 2019 his third title. This year's secret ingredient was mushrooms. Chefs had one hour to prepare a dish(es), choosing from the varieties of mushrooms available. Bob Adkins, chef at Truffles and the returning champion, competed along with Eric Bueno, the chef at Feast Market. Each chef made multiple dishes and scoring was tight, as always. Chef David Tallent will return to next year's event to defend his title.



During the competition, several items were auctioned to raise more support. All in all, Chefs' Challenge raised about \$23,000 for Community Kitchen's hunger relief programs. We are grateful to all of the volunteers and donors who worked on this event to make it successful this year. Thank you to:

- Brad Wilhelm
- Gregg (Rags) Rago
- Lynn Schwartzberg
- Jo Throckmorton
- Carol Kugler
- Angelo Pizzo
- Tad Delay
- Community Kitchen Board of Directors
- Chefs David Tallent, Bob Adkins & Eric Bueno
- Service staff friends
- Sous chefs Craig Kirby, Drew Christiansen & Josie Deluca
- Kroger
- Express Employment Professionals
- IU Health Bloomington Hospital
- The Tap
- Simply Primitive
- Goods for Cooks
- Jon Barnitt
- Steve's Roofing & Sheet Metal
- Bunger & Robertson
- Nick's English Hut
- Fred & Marty Schick
- Seth Elgar
- One World Enterprises
- IU Catering
- Truffles
- Social Cantina
- Cardinal Spirits
- Pictura Gallery/FAR Gallery
- CATS
- Mallor Grodner
- Gooldy & Sons
- Piazza Produce
- Manolo's Wines
- Cook Inc.
- Boston Scientific
- German American Bank
- Grant Street Inn
- What Chefs Want
- ISU The May Agency
- Feast Market & Cellar
- Buskirk-Chumley staff



## Kroger Community Rewards

Do you shop at Kroger? Carry one of those Kroger Plus cards? Now you can help support Community Kitchen when you shop at Kroger. Just register your Plus card at the website and 2% of your grocery purchases support Community Kitchen each time you shop. Follow the link below to register your card today. When you get logged in and registered, just move to the Community Rewards section and select Community Kitchen of Monroe County or organization #SJ831. It's that simple. <https://www.kroger.com/communityrewards>



## 2019 Jan-July Meal Counts

Rogers Street	23,833
Express	28,179
Feed Our Future	46,297
Head Start	29,662
Nutrition Links	2,267
Backpack Buddies	39,070
A Friend's Place	10,010
Senior Links	1,851

**Total 181,169**

## Like us on social media

If you're on Facebook, please like Community Kitchen. You can find us at: <https://www.facebook.com/monroe.community.kitchen>

And you can follow us on Twitter: @Monroe\_ck or Instagram: monroecommunitykitchen

Help us spread the word about Community Kitchen happenings and join us today!



# Backpack Buddies

Backpack Buddies kicks off this week. When we get all schools up and running we will be serving approximately 425 families from 21 different schools. That's 3,400 pounds of food each week of the school year. We welcome donations of the following foods for the program:



- Canned or pouch tuna, chicken or ham
- Peanut butter
- Meal helpers (like Hamburger/Chicken/Tuna helpers)
- Fruit cups – applesauce, mixed fruit, pears, peaches, etc.
- Instant Oatmeal – individual portions
- Macaroni & Cheese
- Boxes of breakfast cereal
- Easy to prepare food items – instant mashed potatoes, dried soups, beans, rice or pasta meals, etc.
- Granola/fruit/cereal bars
- Dried fruit – raisins, cranberries, cherries, etc.
- Small bread mixes – cornbread, muffin, biscuit, etc.

**Save the Date - Sunday, November 17, 2019**  
**Community Kitchen's Autumn Brunch**  
**Prepared by IVY Tech Culinary staff and students**  
**Drinks by Cardinal Spirits**  
**Watch our website and Facebook page for upcoming menu**  
**11am and 1pm seatings - \$50 per person**

**Kitchen Wish List**  
Canned vegetables  
Onion powder  
Garlic powder  
Black pepper  
Coffee  
Backpack Buddies food

Member Agency



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of Monroe County, Inc.  
PO Box 3286  
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