

Food for Thought

A newsletter published by Community Kitchen of Monroe County, Inc.

December 2018

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Hoosier Hills Food Bank
IU Health - Positive Link
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MCCSC
Perry Township
RBBSC
Stone Belt
The Rise
Transitional Services Inc.
United Way of Monroe County

Mortgage paid off and we still need your support!

Hopefully, you saw in the Herald-Times or on social media that Community Kitchen recently paid off our mortgage! We are ecstatic and grateful that local donors supported this project along the way and saw it to completion. Obviously, it took many people to start and complete the purchase, renovation and mortgage retirement of our main facility. There were days of excitement and hope. Alongside them were days of fear and anxiety. Knowing the value of our work, we continued to ask for support, encouraged our supporters to connect us to others and moved forward, trusting this day would come. Now, it has.

We began with a purchase and lots of planning in 2010. In 2011, we renovated and moved in. We spent the next seven years working to get it paid off, while finding ways to reach more local people in need of food assistance. During those seven years, we saw our meal counts rise by almost 100,000 meals/year. We saw 500% growth in our Backpack Buddies program, along with more moderate growth in other programs. We began our Senior Links delivery program to homebound seniors and started vending lunches for over 225 low-income preschoolers in six Head Start sites. In 2017, we served 306,628 meals and snacks to at-risk and vulnerable members of our community. We have done none of that alone.

While it feels our country becomes more and more divided, angry and afraid, at Community Kitchen, we know that our strength is in coming together. We have witnessed over the past seven years, what a community of thoughtful and caring people can accomplish together and for one another. Our charge is to look past differences and come together in our common humanity to protect the lives and interests of our community. That means caring for ALL of our community members, including those most vulnerable. Every day at Community Kitchen, we witness volunteers from a wide variety of backgrounds, come together and work toward the common goal of feeding the hungry. We can't do what we do without tremendous support from the community. On a daily basis, we witness the best in our community.

Thank you for continuing to be a part of this community response. We hope that you will keep supporting the hunger-fighting efforts of Community Kitchen. As we take the next step in addressing food insecurity among our neighbors, we hope you continue to be a part of the effort. Please make a gift today so that we can continue to meet the food needs of our most vulnerable neighbors!

Christmas at Community Kitchen

On Thanksgiving this year, Community Kitchen served over **942** meals and handed out **200** bags of groceries in conjunction with the Hoosier Hills Food Bank. 171 of those meals were delivered by holiday volunteers to local homebound or disabled seniors. Community Kitchen will provide a special Christmas dinner this year. We expect to serve similar numbers as we did on Thanksgiving. The holiday meal will consist of ham, sweet potatoes, green bean casserole, fruit salad, pies, rolls and cider. As is our custom on holidays, we will serve an hour longer than normal, serving 3-6pm. The following items are needed and can be dropped off M-F from 8am-6pm or Sat from 11am-6pm.

65 boneless hams
300 cans of green beans
200 cans of cream of mushroom soup
15 gallons of apple cider
60 dozen rolls
Other canned vegetables

100 large cans of sweet potatoes
120 cans of tropical fruit
120 cans of mandarin oranges
120 cans of pineapple
60 pies (including 10 sugar free)
20 lbs. of butter

Community Kitchen
of Monroe County, Inc.

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THANK YOU!

We would like to thank the following organizational and institutional supporters and we encourage you to thank them as well. The groups below have provided financial, in-kind, or volunteer support since our last newsletter:

Advance America	Cross Roads United Methodist Church	IU Women's Golf
Affordable Termite & Pest Control	Dagom Geden Tensun Ling Temple	Ivy Tech
African Students Association	DGTL Tibetan Monastery	KACA
Alpha Kappa Psi	Dolan Ridge Community Church	Kappa Gamma Delta
Alpha Phi Omega	Duke Energy	Korean Presbyterian Church
Amazon Smile	Ellettsville House of Prayer	Kroger Community Rewards
American Legion - Burton Woolery Post #18	Emergency Food & Shelter Program	Life Designs
Americorp	Emergency Nurse Association	Little Union Baptist Church
Back and Neck Pain Relief Center	English as a Second Language Students	May's Greenhouse
Baxter Employee Giving Campaign	Evening Glories Home Extension Club	MCCSC Community Transitions
Baxter Healthcare	Evolve Bloomington	McDoel Baptist Church
Bethel Lane Holiness Community Church	Express Employment Professionals	Milestone Contractors
BHSS Football	Family Solutions	Monroe County Retired Teachers
BHSS Interact Club	First United Church	Network for Good
BHSS National Honor Society	First United Methodist Church	North Central Church of Christ
BHSS Work Study	Force Fitness and Performance	Oliver Wine Co., Inc
Bill C Brown Associates	Fourwinds	One World Catering
Binford Rogers Elementary School	Fresh Thyme	Paypal Giving Fund
Black Grad Student Organization	Fry Scholars (Kelley School of Business)	Perry Township Trustee
Black Student Union at IU	Gaden Khachoe Shing Monastery	Phi Delta Epsilon
Bloom Magazine	Gilbert S. Mordoh & Company, Inc.	Protective Order Project
Bloomington Friends Meeting	Girl Scout Troop #3479	Redshirt Helping Hands
Bloomington Lions Club	Global Gifts	Rogers Elementary School
Bloomington Moose Lodge	Hanapin Marketing	Satori Martial Arts
Bloomington PRIDE	Hand in Hand, a Stone Belt Project	Solsberry Hill
Bloomington Township Trustee	Hannah House	South Central Community Action Program
Boy Scouts Troop 121	Herald-Times and Hoosier Times	SPEA SERVES
Boys and Girls Club	High Rock Small Group	St John the Apostle Catholic Church
Buffa Louie's @ The Gables	Highland Lounge Sat Morning Breakfast Club	St. Charles Borromeo Catholic Church
Building Associates, Inc.	Highland Village Church of Christ	St. Charles School
Bunger & Robertson	Hilger Enterprises - Orkin Pest Control	St. Mark's United Methodist Church
Cardinal Spirits	Hoosier Drywall Specialists LLC	Stone Belt
Catalent	Hopscotch Coffee	Target
Central Wesleyan Church	Hylant Group	Thursday Mahj Group
Childs Elementary School	IU Civic Leader Center	Transitional Services Inc.
Church of the Latter Day Saints	IU Credit Union	Tri Parish
CIP	IU EDSS	Unionville Church of Christ
City of Bloomington - CFRD	IU Finance and Budgeting	Unitarian Universalist Church
Civic Leadership Development	IU Folding	United Way of Bartholomew Co.
Community Foundation of St. Joseph County	IU Football	United Way of Central Indiana
Congregation Beth Shalom	IU Law	United Way of Monroe County
Cook Inc.	IU Mortar Board	Unity of Bloomington
Cook Medical	IU School of Optometry	University School
Cook Pharmica	IU Self Defense	Vanderbilt
Counseling Psych Student Organization		



Grateful for volunteers who made Thanksgiving a smooth, enjoyable and very productive day. These folks helped provide over 940 meals and 200 bags of groceries on Thanksgiving Day.
Thank you!



Jan - Nov Meal Counts	
Rogers Street	39,712
Express	49,160
Feed Our Future	60,712
Head Start	44,666
Nutrition Links	2,815
Backpack Buddies	61,465
A Friend's Place	15,785
Senior Links	3,289
Total	277,604



Kroger Community Rewards

Do you shop at Kroger? Carry one of those Kroger Plus cards? Now you can help support Community Kitchen when you shop at Kroger. Just register your Plus card at the website and 2% of your grocery purchases support Community Kitchen each time you shop.

Follow the link below to register your card today. When you get logged in and registered, just move to the Community Rewards section and select Community Kitchen of Monroe County or organization #SJ831. It's that simple. You have to register once/year so if you haven't registered in 2018, please do so today! You'll need to reregister in 2019.



<https://www.kroger.com/communityrewards>

Backpack Buddies

We now have over 410 families from 21 different schools, involved in Backpack Buddies. That's 3,280 pounds of food each week of the school year. We welcome donations of the following foods for the program:

- Canned or pouch tuna, chicken or ham
- Peanut butter
- Meal helpers (like Hamburger/Chicken/Tuna helpers)
- Fruit cups – applesauce, mixed fruit, pears, peaches, etc.
- Instant Oatmeal – individual portions
- Macaroni & Cheese
- Boxes of breakfast cereal
- Easy to prepare food items – instant mashed potatoes, dried soups, beans, rice or pasta meals, etc.
- Granola/fruit/cereal bars
- Dried fruit – raisins, cranberries, cherries, etc.
- Small bread mixes – cornbread, muffin, biscuit, etc.

LIKE US ON FACEBOOK

If you're on Facebook, please like Community Kitchen. You can find us at:

<https://www.facebook.com/monroe.community.kitchen>

And you can follow us on Twitter: @Monroe_ck or

Instagram: monroecommunitykitchen

Help us spread the word about Community Kitchen happenings and join us today!



Family Volunteer Day - January 6th

In order to provide opportunities for families with young children to participate in volunteering at Community Kitchen, we hold special family volunteer days. These special days involve volunteer tasks that do not involve being in the actual kitchen or using the equipment. The volunteer tasks are chosen to be things that families with children of various ages can participate in together in the dining room, in a safe environment. Space is limited and signing up ahead of time is required so that we can properly plan. We conduct these family volunteer days four times/year. The next one will be held on Sunday, January 6th from 3-5pm at our main facility at 1515 S Rogers St. To sign up your family, give June a call at 812-332-0999. If this specific date doesn't work for you or our spots fill up before you call, let us know you'd like to be notified when we schedule the next one. June will contact you in a few months when we get the next one scheduled. We look forward to your family joining us!

2019 Brunch Dates

Mark your calendars now for Community Kitchen's 2019 fundraising Brunch dates. These brunches are three course, all inclusive meals prepared by local industry professionals from various kitchens and restaurants. Cardinal Spirits generously pairs each course with a cocktail. Reservations and menu choices are required in advance. Tickets are \$50 per person.

Watch our website and Facebook page for details. 2019 brunch dates will be:

Sunday, February 24, 2019
Sunday, May 19, 2019
Sunday, August 18, 2019
Sunday, November 17, 2019

Kitchen Wish List
Onion powder
Garlic powder
Canned vegetables
Backpack Buddies food
Food for Christmas dinner -
see front page

Member Agency



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PO Box 3286
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Non-profit org.
US postage
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