

Food for Thought

A newsletter published by Community Kitchen of Monroe County, Inc.

April 2018

BOARD OF DIRECTORS

Chantel Adcock
Andrea Armstrong
Jeanette Barefoot
Jim Becker
Kyla Cox Deckard
Carol Dilks
Seth Elgar
Eric Evans
Laurie Eynon
Elizabeth Gentry
Valeri Haughton-Motley
Judy Lucas
Alison May
Troy Maynard
Emily Phelps
Hope Snodgrass
Jeff Watson
Dan Williamson

STAFF MEMBERS

Tim Clougher
Caitlin Conley
Jason Cook
Heather Craig
Amy Dyken
Hugh Farrell
Elizabeth Garrett
Alex Mann
Ashley Mann
Ben Myers
Vicki Pierce
Marty Schick
Adam Sommer
June Taylor
Joanna Thompson
Hannah Watt

COMMUNITY PARTNERS

Area 10 Agency on Aging
Bloomington Township
Boys & Girls Clubs of Bloomington
Friend's Place
Girls Inc.
Hoosier Hills Food Bank
IU Health - Positive Link
LifeDesigns
MCCSC
Perry Township
Rhino's Youth Center
RBBSC
Stone Belt
The Rise
Transitional Services Inc.
United Way of Monroe County

Community Kitchen
of Monroe County, Inc.

PO Box 3286
1515 S Rogers Street
Bloomington, IN 47402-3286



Phone: (812) 332-0999

Web: monroecommunitykitchen.com

Email: director@monroecommunitykitchen.com

And here we are....

Six years ago, we were still finishing up the renovation on this facility at 1515 S Rogers St. Today I decided to revisit something I wrote during that time. I'll share that with you here:

"When families walk through our doors for the first time, how daunting it must be. It cannot be comfortable for a mother of four to enter our doors, not really knowing what to expect; not knowing how her children will feel or react; not knowing if people will be kind to them or if her children will be subjected to sights and words she'd rather them not experience. I find it both so sad and so pleasing when families with children join us for dinner at Community Kitchen. As a mother, I am sad for the obvious reason that parents don't always have the option of meeting all of their children's nutritional needs at home. I'm pleased though, by how carefully children are most always treated here. Patrons are friendly to them. Folks are willing to give up their seat if it means the family can all sit together. And soon, it all gets better. In two short months, coming to Community Kitchen becomes much more pleasant for families who really don't have another choice. Families will be able to gather around round dinner tables and be in a more intimate space that allows them to connect with one another the way I do with my children at home. We truly welcome the new comforts that our future home will offer."

In so very many ways, this space has been all that we dreamed it would be. It has meant a space for families to enjoy a healthy meal together. It has allowed the expansion of existing programs and the creation of new ones to meet local needs. And it all came with a hefty price. The complete cost of the purchase, renovation and occupation of our facility at 1515 S Rogers St. was approximately \$1.42 million. Through generous donations during the renovation and many since, we have been able to reduce that debt to under \$84,000 in less than six years. We are diligently working to pay down the principal on that debt as quickly as possible. We welcome the opportunity to put \$3,200 more each month, back into programs and services.

We are pleased to announce that we recently received a \$10,000 grant from **Smithville Charitable Foundation** to help with this effort! We are grateful for their support in this endeavor!! Thank you for being an excellent community partner! Keep watch as we continue to work toward elimination of the mortgage.

This building enabled us to serve almost 100,000 more meals last year than our last year in our previous home. We have reached more children, seniors, and other vulnerable neighbors. We have increased the quality of food and the presence of local foods and fresh produce. Thank you for supporting this effort so far. We welcome and appreciate your generous and loyal support! We wouldn't be here without you.

Quarterly Family Volunteer Days

Community Kitchen is holding quarterly Family Volunteer Days to allow those families with younger children the option of volunteering together. The next Family Volunteer Day is on Sunday, July 8th. June, our Volunteer Coordinator, handles all of the scheduling for these days. Please give her a call at 812-332-0999 for more information or to reserve a spot for your family to come volunteer with us.



THANK YOU!

We would like to thank the following organizational and institutional supporters and we encourage you to thank them as well. The groups below have provided financial, in-kind, or volunteer support since our last newsletter:

- | | | |
|--|--|--|
| Abbie | First United Church | One World Catering |
| Alpha Epsilon Phi | Fourwinds | Paypal Giving Fund |
| Alpha Gamma Delta | Gaden KhachoeShing Monastery | Penguin Random House LLC |
| Alpha Phi Omega | Gilbert Construction Inc. | Perry Township Trustee |
| Alpha Xi Delta | Gilbert S. Mordoh & Company, Inc. | Phi Sigma Kappa |
| Amazon Smile | Hand in Hand a Stone Belt Project | Printpack Inc |
| Arden Place | Herald-Times and Hoosier Times | Reeves Club |
| Baxter | Highland Village Church | SCI - REMC |
| Baxter International Foundation Matching Gift Prog | Highland Village Church of Christ | Share Our Strength |
| Benevity Community Impact Fund | Hilger Enterprises - Orkin Pest Control | Sherwood Oaks Christian Church |
| Bethel Lane Holiness Community Church | Hopscotch Coffee | Simply Primitive |
| Binford-Rogers Elementary School | ISU The May Agency | Social Security Administration |
| Bloomington Chamber Singers | IU Black Grad Student Organization | South Central Community Action Program |
| Bloomington Friends Meeting | IU Civic Leader Center | SPEA Serves |
| Bloomington Moms United | IU Civic Leadership Development | St. Charles Borromeo Catholic Church |
| Bloomington Seventh-Day Adventist Church | IU Credit Union | St. Charles School |
| Bloomington South Football | IU Health Professional Staff Dev & Innovation Dept | St. Mark's United Methodist Church |
| Bloomington South National Honor Society | IU Health Riley Physicians | St. Mark's United Methodist Women |
| Bloomington Township Trustee | IU Mortar Board | St. Paul Catholic Center |
| Bloomington Valley Nursery | IU School of Optometry | St. Thomas Evangelical Lutheran Church |
| Campus Children's Center | Kappa Delta Phi-Gamma Sigma Chapter | State Employees' Community Campaign |
| Catalent | Kappa Kappa Kappa - Alpha Chapter | Stone Belt |
| CFC Properties Inc. | KRC Banquets & Catering | Strauser Construction |
| City Church | Kroger | Traditions Catering |
| City of Bloomington - Clerk's office | Kroger Community Rewards | Trilogy Foundation Inc |
| College Internship Program | LIFEDesigns | Truist (United E Way) |
| Congregation Beth Shalom | Little Union Baptist Church | Unionville Church of Christ |
| Cook Family Health Center | Macy's/Bloomingtondale's | Unitarian Universalist Church |
| Cook Inc. | Monroe Hospital | United Presbyterian Church |
| Cross Roads United Methodist Church | Montgomery's Corporate Gifts | United Way of Bartholomew Co. |
| Davita | Network for Good | United Way of Monroe County |
| E&B Paving | North Central Church of Christ | University Lutheran Church |
| Ellettsville House of Prayer | Oakdale Square | Unity of Bloomington |
| First Church of Christ, Scientist | Olive Garden Restaurant | |

Jan-March 2018 Meal Counts

| | |
|------------------|--------|
| Rogers Street | 10,564 |
| Express | 11,228 |
| Feed Our Future | 14,730 |
| Head Start | 12,309 |
| Nutrition Links | 880 |
| Senior Links | 826 |
| Backpack Buddies | 21,980 |
| Friend's Place | 4,290 |

Total 76,807

Kroger Community Rewards

Do you shop at Kroger? Carry one of those Kroger Plus cards? Now you can help support Community Kitchen when you shop at Kroger. Just register your Plus card at the website and 2% of your grocery purchases support Community Kitchen each time you shop. Follow the link below to register your card today. When you get logged in and registered, just move to the Community Rewards section and select Community Kitchen of Monroe County or organization #47663. It's that simple. You have to register once/year so if you haven't registered in 2018, please do so today! <https://www.kroger.com/communityrewards>





\$50/seat

Reservations Required
(812) 332-0999

View the menu at
monroecommunitykitchen.com

Join us for our Spring Brunch on Sunday, May 20, 2018. Both 11am and 1pm seatings are available. This all inclusive three course brunch is from the NOCO menu and prepared by former NOCO staff, with paired cocktails from Cardinal Spirits. The cost is \$50/person and reservations with food choices are required.

On arrival: Oysters on the half shell w/lemon and a condiment bar: mignonette, cocktail sauce, Bloody Mary mix

1st Course (choose one)

___ Beet Salad: roasted beet, warm fresh mozzarella, baby arugula, grapefruit, extra virgin olive oil, pomegranate-balsamic molasses, toasted almond OR

___ Gravlax: gin cured raw salmon w/creamy cucumber-dill salad, rye crackers, and pickled red onion

2nd Course (choose one)

___ Biscuits & Gravy: Buttermilk biscuits, topped with your choice of house-made sausage gravy or roasted mushroom gravy, and two poached eggs OR

___ German Toast: Griddled brioche slices soaked in spiced custard topped w/Cambazola cheese, maple syrup, salted butter, and toasted pecans with optional crunchy bacon OR

___ Eggs in Purgatory: Creamy grits smothered in rich & spicy tomato sauce w/two poached eggs, queso fresco, jalapeno, cilantro, green onion and optional fresh chorizo sausage

3rd Course (choose one)

___ Sticky date pudding w/toffee sauce and Chantilly cream

___ Mocha chocolate mousse w/brown butter blondie and milk chocolate whipped cream

Make reservations at 812-332-0999 or to director@monroecommunitykitchen.com. All proceeds support Community Kitchen's hunger relief efforts.

Backpack Buddies Food List

- Canned or pouch tuna, chicken or ham
- Peanut butter
- Meal helpers (like Hamburger/Chicken/Tuna helpers)
- Fruit cups – applesauce, mixed fruit, pears, peaches, etc.
- Instant Oatmeal – individual portions
- Macaroni & Cheese
- Small boxes of breakfast cereal
- Easy to prepare food items – instant mashed potatoes, dried soups, beans, rice or pasta meals, etc.
- Granola/fruit/cereal bars
- Dried fruit – raisins, cranberries, cherries, etc.
- Small bread mixes – cornbread, muffin, biscuit, etc.
- Healthy snack crackers
- Small pop top cans or pouches of vegetables

We're having a party!

(because our volunteers rock)

WHAT: Volunteer Appreciation

WHEN: Sun, April 22nd 3-5pm

WHERE: Community Kitchen

We will serve light refreshments and present awards to volunteers who contributed 50 or more hours in 2017.

Please come and help us celebrate another successful year of fulfilling our mission to feed the hungry in our community.

Contact June at 812-332-0999 with any questions.



Thank you and congratulations to our Backpack Buddies volunteers. They won a Be More! award from the City, for their service to Community Kitchen. These folks and others work each Thursday morning to help pack up food for Backpack Buddies, load the vans, take care of recycling and clean up. We couldn't do it without you. Thank you!

Important Community Kitchen Dates:

Spring Brunch - May 20
Chefs' Challenge - July 29
Summer Brunch - August 26

Autumn Brunch - November 11
Thanksgiving Dinner- November 22
Christmas Dinner - December 25

Kitchen Wish List
Canned tomatoes
Egg noodles
Rice
Italian seasoning
Onions
Butter

Member Agency



Community Kitchen
of Monroe County, Inc.
PO Box 3286
Bloomington, IN 47402-3286

Non-profit org.
US postage
PAID
Bloomington, IN
Permit No. 312