

Food for Thought

A newsletter published by Community Kitchen of Monroe County, Inc.

August 2017

BOARD OF DIRECTORS

Chantel Adcock
Andrea Armstrong
Jeanette Barefoot
Jim Becker
Kyla Cox Deckard
Carol Dilks
Seth Elgar
Eric Evans
Laurie Eynon
Elizabeth Gentry
Valeri Haughton-Motley
Judy Lucas
Alison May
Emily Phelps
Hope Snodgrass
Jeff Watson
Dan Williamson

STAFF MEMBERS

Tim Clougher
Caitlin Conley
Jason Cook
Heather Craig
Tyler Damon
Amy Dyken
Hugh Farrell
Elizabeth Garrett
Alex Mann
Ashley Mann
Garret McKelvey
Ben Myers
Vicki Pierce
Marty Schick
Adam Sommer
June Taylor
Hannah Watt

COMMUNITY PARTNERS

Area 10 Agency on Aging
Bloomington Township
Boys & Girls Clubs of Bloomington
Friend's Place
Girls Inc.
Hoosier Hills Food Bank
IU Health - Positive Link
LifeDesigns
MCCSC
Perry Township
Rhino's Youth Center
RBBCSC
Stone Belt
The Rise
Transitional Services Inc.
United Way of Monroe County



JOIN IN THE FUN TO BURN
THE COMMUNITY KITCHEN'S
MORTGAGE.



Community Kitchen
of Monroe County, Inc.

*See inside to learn more and find out how to be a part of
this fun way to support the Kitchen!*

PO Box 3286
1515 S Rogers Street
Bloomington, IN 47402-3286

Phone: (812) 332-0999
Web: www.monroecommunitykitchen.com
Email: director@monroecommunitykitchen.com

THANK YOU!

We would like to thank the following organizational and institutional supporters and we encourage you to thank them, as well. The groups below have provided financial, in-kind or volunteer support since our last newsletter:

Appel Corps Inc.	Hand in Hand a Stone Belt Project	Salesforce.org
B & L Sheet Metal & Roofing, Inc.	Herald-Times and Hoosier Times	SCI - REMC
Banneker Community Center	Highland Village Church of Christ	Soma Coffeehouse
Baxter Healthcare	Hilger Enterprises - Orkin Pest Control	South Central Community Action Program
Baxter International Foundation Matching Gift Prog	In Case of Emergency Press	St. Charles Borromeo Catholic Church
Bethel Lane Holiness Community Church	IU College Internship Program	St. John the Apostle Catholic Church
Bloomington Bicycle Club	IU Credit Union	St. Mark's United Methodist Church
Bloomington Friends Meeting	IU Medical School Students	St. Paul Catholic Center
Bloomington Garden Club	Jackson Creek Middle School	St. Thomas Evangelical Lutheran Church
Bloomington Township Trustee	Kroger Community Rewards	Stanford Outreach
Boston Scientific Foundation	LIFE Designs	State Employees' Community Campaign
C3	Little Union Baptist Church	Stone Belt
City of Bloomington Common Council	Mallor Grodner LLP	Strauser Construction
Congregation Beth Shalom	Network for Good	Transitional Services Inc.
Cook Pharmica	No Coast Reserve	Trinity Episcopal Church
Cross Roads United Methodist Church	North Central Church of Christ	Truist (United E Way)
Dolan Ridge Community Church	Northside Christian Church	Unionville Church of Christ
Ellettsville House of Prayer	Owen County State Bank	Unitarian Universalist Church
Family Solutions	Perry Township Trustee	United Country Coffey Realty & Auction
German American Bank	Prince Sandblasting	United Way of Bartholomew Co.
Gilbert Construction Inc.	Psi Iota Xi	United Way of Monroe County
Gooldy & Sons Inc.	Red Shirts - Helping Hands	Unity of Bloomington
Hall Signs	Relish	
	Russian Recording	

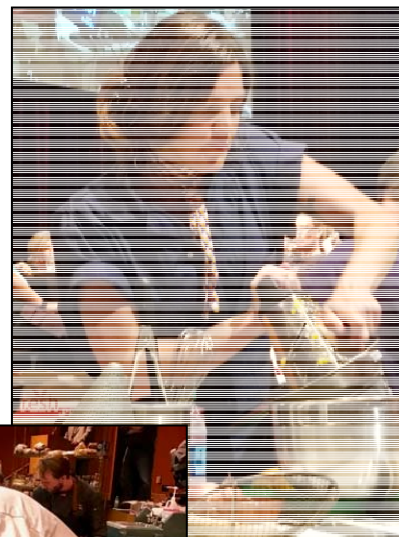
Chefs' Challenge winner - Lake Hubbard



We held our 11th annual Chefs' Challenge on Sunday, July 30th. The secret ingredient was peaches. For the second year in a row, Lake Hubbard took home the Golden Spatula. He and sous chef, Jon Kurlow, prepared several dishes, including soup, salad, main entrée and desert, all expertly using peaches.

The event raised \$20,000 for Community Kitchen hunger relief programs. We so greatly appreciate worthy competitors, Erika Yochum and Levi Massie along with their sous chefs, for a great competition. The judges' scoring was closer than it has ever been among three com-

petitors. The time and talent donated by so many folks helped make this event a huge success. We send a special thank you to our Executive Chef sponsor, **B&L Sheet Metal & Roofing** and Chef de Cuisine sponsor, **Hall Signs!**



from page 1.

Mortgage Burning Neighborhood Parties

The Community Kitchen is very close to paying off the main facility's mortgage.

Since opening in 2011, the main facility has supported a 221% increase in Backpack Buddies distribution to local children and their families and an increase of 31% in meals and snacks overall. Paying off the balance of the mortgage would open new possibilities for ending hunger in our community. Join us for a celebratory push toward the future of food security in Bloomington and Monroe County.

On Saturday, October 21, host a party to collect donations for the Community Kitchen that will help eliminate the mortgage and hunger in our community. Some party theme ideas include:

- A potluck or pitch-in supper
- Wine and cheese party
- Dessert and coffee
- Soup and sandwiches
- A backyard cookout
- Pizza night

Get your neighbors, faith community, game night buddies, and friends together for a celebration and charitable night of fun. For more information, check out our website at monroecommunitykitchen.com/event/mortgage-burning-neighborhood-parties/ or call Carol Dilks at (812) 650-3618.

Backpack Buddies

School has started and that means a new year of Backpack Buddies. We finished the school year with about 400 families from 18 different schools, involved in the program. That's 3,200 pounds of food each week of the school year. We welcome donations of the following foods for the program:

- Canned or pouch tuna, chicken or ham
- Peanut butter
- Meal helpers (like Hamburger/Chicken/Tuna helpers)
- Fruit cups – applesauce, mixed fruit, pears, peaches, etc.
- Instant Oatmeal – individual portions
- Macaroni & Cheese
- Boxes of breakfast cereal

- Easy to prepare food items – instant mashed potatoes, dried soups, beans, rice or pasta meals, etc.
- Granola/fruit/cereal bars
- Dried fruit – raisins, cranberries, cherries, etc.
- Small bread mixes – cornbread, muffin, biscuit, etc.
- Healthy snack crackers
- Small pop top cans of vegetables



Kroger Community Rewards

Do you shop at Kroger? Carry one of those Kroger Plus cards? Now you can help support Community Kitchen when you shop at Kroger. Just register your Plus card at the website and 2% of your grocery purchases support Community Kitchen each time you shop. Follow the link below to register your card today. When you get logged in and registered, just move to the Community Rewards section and select Community Kitchen of Monroe County or organization #47663. It's that simple. You have to register once/year so if you haven't registered in 2017, please do so today! <https://www.kroger.com/communityrewards>



Fall Brunch - November 12th

Community Kitchen's next fundraising brunch will be held on **Sunday, November 12th** at Community Kitchen. There are two seatings: 11am and 1pm. Reservations are required and can be made by calling us at 812-332-0999 or emailing director@monroecommunitykitchen.com. Cardinal Spirits will again provide delicious cocktails. Juice will be provided as a non-alcoholic drink option. The cost is \$50/seat. Mark your calendars and watch the Kitchen website and facebook page for upcoming details.

LIKE US ON FACEBOOK/ FOLLOW US ON TWITTER

If you're on Facebook, please like Community Kitchen. You can find us at:

<https://www.facebook.com/monroe.community.kitchen>

And you can follow us on Twitter: @Monroe_ck

Help us spread the word about Community Kitchen happenings and join us today!



Jan - July Meal Counts

Rogers Street	27,537
Express	33,051
Feed Our Future	48,612
Head Start	28,254
Nutrition Links	2,557
Backpack Buddies	31,685
A Friend's Place	9,955
Senior Links	1,918
Total	183,569

Would you like to receive this newsletter via email and no longer receive the paper copy? Email Vicki at: director@monroecommunitykitchen.com and we can get you switched over. All we need is your name and email address. We'll save money on printing and postage and you'll cut down on the volume in your mailbox.



Community Kitchen
of Monroe County, Inc.

PO Box 3286
Bloomington, IN 47402-3286



Member Agency

Kitchen Wish List

Canned vegetables
Apple cider vinegar
Garlic & onion powders
Backpack Buddies food (see inside)
Dry beans
Basil

Non-profit org.
US postage
PAID
Bloomington, IN
Permit No. 312