

FARM-FRESH  
**spring brunch**  
 may 21



All inclusive three-course brunch with paired Cardinal Spirits cocktails. Menu choices and reservations are required.

**course I**

- whipped brie crostini w/roasted strawberry balsamic preserve (GF bread and vegan option with whipped vegan ricotta available) or
- gluten-free locally-sourced spinach and ramp pancakes with spiced sunflower seeds and maple butter syrup

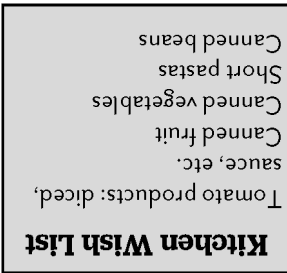
**course II**

- fresh pappardelle pasta, crispy prosciutto, early harvest mushrooms, spring peas, pecorino (vegan option w/roasted red peppers) or
- peppered brisket, honey glazed Moroccan carrots, spring market vegetable salad tossed in spiced vinaigrette (GF, vegan option w/harissa-marinated tofu)

**course III**

- honey panna cotta, poached rhubarb gelée, strawberry sorbet, honey tuile (vegan option available, GF minus honey tuile) or
- orange olive oil cake, champagne mousse, orange supremes

Tickets are \$55 for 11am seating; \$65 for 1pm seating. Purchase at <https://events.idonate.com/springbrunch2023> or:



PO Box 3286  
 Bloomington, IN 47402-3286



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# Food for Thought

A newsletter published by Community Kitchen of Monroe County, Inc.

**May 2023**

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- Boys & Girls Clubs of Blmgtm
- Friend's Place
- Hoosier Hills Food Bank
- IU Health - Positive Link
- LifeDesigns
- MCCSC
- Perry Township
- RBBCSC
- Sevita
- Stone Belt
- The Rise



PO Box 3286  
 1515 S Rogers Street  
 Bloomington, IN 47402-3286

Phone: (812) 332-0969  
 Web: [monroecommunitykitchen.com](http://monroecommunitykitchen.com)  
 Email: [director@monroecommunitykitchen.com](mailto:director@monroecommunitykitchen.com)

## Spring & Summer

Spring is here! We welcome the warmer temperatures and the longer daylight hours. This is the time of year that we start thinking about and planning for our summer programming. Running our Summer Food Service Program means additional staff and volunteers, menu creation, vendor selection and logistics. We will plan menus, order food and figure out the timing of delivery routes to each of eleven different neighborhoods and additional youth programs, to reach children who would normally receive free and reduced meals at school, where they are. In each neighborhood, we will **provide lunch to any child** there, no questions asked. It is quite expensive and no small endeavor to orchestrate a **program that provides over 18,600 lunches** to ensure that children have access to nutrition while they are away from school for the summer. We are working on those plans now.

During the school year, we conduct our Backpack Buddies program in conjunction with the local schools and school social workers. However, as we approach the end of the school year and the beginning of summer vacation for students, that programming also changes. When school is out, Backpack Buddies distribution shifts to function in concert with the Summer Food Service Program. Each Friday, we distribute Backpack Buddies bags, along with the lunches, to help families with their food needs over the weekends. Last summer, in addition to lunches, we distributed 1,073 Backpack Buddies bags. We were also able to send the food truck out on one of our summer routes, so that children from the larger neighborhoods we serve, had access to warm lunches. We will do that again this summer.

Our food truck is not just for summer lunches. It is out six days/week, providing dinner in neighborhoods where we've determined there's a transportation barrier for folks to access our services at other locations. On Mondays, Wednesdays and Fridays, the truck is at three neighborhoods in Bloomington during dinner. It currently makes four stops in Ellettsville for dinner on Tuesdays, Thursdays and Saturdays. It stops at three senior apartment complexes and the library. According to the US Census, **approximately 9% of American senior adults** participate in some form of nutrition assistance. A population that is already age vulnerable needs the proper nutrition every day. We know that this endeavor is reaching people who currently just can't reach us on their own. We're grateful to be able to help feed additional families.

We always appreciate the generous and loyal donors who support the work we do. We simply could not do what we do without all of you! Please consider joining our upcoming summer work by donating today. As we are able to keep meal costs low, your donation, regardless of size, will always make a difference at Community Kitchen. With your continued support, we will spend the summer working to feed our community's most vulnerable. Thank you!

### Summer lunches (Mon-Fri) May 22nd - August 1st

Community Kitchen will be distributing free lunches to **children** at the following locations and times:

**Route 1**

- Dorothy Apartments- 10:30-10:45am (near office)
- Southcrest Estates- 10:55-11:10am (near mailboxes)
- Henderson Court Apartments- 11:20-11:35am (playground area)
- Walnut Woods- 11:40-11:55am (across from playground)
- Trailview- 12:10-12:25pm (near circle)
- The Reserve- 12:35-12:50pm (picnic shelter)
- Arlington Valley- 12:55-1:10pm (behind office)

**Route 2 (Food Truck)**

- Crestmont (Illinois Ct)- 10:30-11:00am (playground area)
- Highland Park Elementary- 11:15-11:45am (playground area)
- Limestone Crossing- 12:00-12:30pm (playground area)
- Country View Apartments- 12:45-1:15pm (playground area)



Lunches will include things like fresh fruit, vegetables, sandwiches, milk, juice and snacks!  
 Backpack Buddies bags will be provided on Fridays, along with the lunches.

# THANK YOU!

We would like to thank the following organizational and institutional supporters and we encourage you to thank them as well. The groups below have provided financial, in-kind, or volunteer support since our last newsletter:

- |   |   |
|---|---|
| 4H Junior Leaders                           | First United Church                       |
| American Legion - Burton Woolery Post #18   | German American Bank                      |
| America's Charities                         | Girl Scout Troop #195                     |
| Area 10 Agency on Aging                     | Global Sales Workshop                     |
| Baxter Pharmaceuticals                      | Hand in Hand a Stone Belt Project         |
| Benevity Community Impact Fund              | Hilger Enterprises - Orkin Pest Control   |
| Bethel Lane Community Church                | Hoosier Energy                            |
| Bloomington Board of Realtors               | Indian Student Association                |
| BHS South Nat'l Honor Society               | IU School of Medicine - 1st Year Students |
| Bloomington Township Trustee                | Kappa Delta Phi-Gamma Sigma Chapter       |
| Buffa Louie's @ The Gables                  | Kelley MBA                                |
| Butcher's Block                             | Kirkwood Gardens                          |
| Century 21 Scheetz                          | Korean Presbyterian Church                |
| Campus Children's Center                    | Kroger Community Rewards                  |
| Carmin Parker                               | Lambda Chi Alpha                          |
| Catalent                                    | Lennie's                                  |
| Church of Jesus Christ of Latter Day Saints | Little Union Baptist Church               |
| Civic Leadership Development                | MAPS at IU                                |
| Congregation Beth Shalom                    | Michael's Uptown Cafe, Inc.               |
| Crane                                       | National Philanthropic Trust              |
| Cross Roads United Methodist Church         | Network for Good                          |
| Crumb Cookies                               | Pacific Islander Student Association      |
| Crumble Coffee & Bakery                     | Pakistani Student Association             |
| Delta Upsilon                               | Paypal Giving Fund                        |
| Dental Club                                 | Penguin Random House LLC                  |
| Earth Nation                                | Perry Township Trustee                    |
| Farm to Family Fund                         | Phi Gamma Nu                              |

- Phi Mu
- Pi Beta Phi
- Pre-Physicians Assistant Club - IU
- Psi Iota Xi
- Rainbow Bakery
- Rose Hill Farm Stop
- Sevita
- Sigma Lambda Upsilon
- Southern Hills Church
- St. Charles Borromeo Catholic Church
- St. Thomas Evangelical Lutheran Church
- Stone Belt
- Templeton Elementary
- The Indiana Team
- Theta Phi Alpha
- Tri Parish
- Unitarian Universalist Church
- United Way of Bartholomew Co.
- United Way of Monroe County
- Unity of Bloomington
- University Lutheran Church
- VOSH at IU
- Western Equestrian Team
- Woodhaven Christian Church CWF
- Worthington Christian Church
- Zeta Phi Beta



## Summer Volunteering

Summer is almost here (really, it is!) and we are in need of volunteers.

- 7:30AM-9:30AM Mon-Fri** (from 5/22 through 8/1) – Making sack lunches to be delivered to children in low-income neighborhoods
- 9:45AM-1:30PM Mon-Fri** (from 5/22 through 8/1) – Riding along w/staff to deliver sack lunches to children in low-income neighborhoods
- 11:30AM-1:30PM Mon-Sat** (year round) – Meal prep tasks
- 3:30PM-6:30PM Mon-Sat** (year round) – Meal prep tasks for next day and working on the serving line, dishing up meals to serve patrons, end of the evening clean-up
- 3:15PM-7:00PM Mon-Sat** (year round) – Meal serving on the food truck – riding along with a staff member to hand out meals in the Bloomington & Ellettsville areas

Children 10-13 can volunteer with an adult; 14 and older can volunteer by themselves. To schedule a shift, contact June Taylor at 812-332-0999 or [june@monroecommunitykitchen.com](mailto:june@monroecommunitykitchen.com).



We're hiring.

Join us.

Community Kitchen is currently hiring part-time workers for the following positions:

### Fundraising Assistant

Position is 10-12 hours/week with duties including: assist with grant research, writing and submission; participation in agency communications; securing fundraising event sponsorships and other fundraising event assistance. Hourly: \$18.63/hour. To apply, please email resume to: [director@monroecommunitykitchen.com](mailto:director@monroecommunitykitchen.com) or drop off at 1515 S Rogers St from 8am-4pm, Mon-Fri.

### Food Truck Driver

Position is part-time, varied number of days/wk. Roughly 3-7pm or 10am-1:30pm with duties including: driving the food truck to mobile service sites; serving carryout meals; working with a volunteer; tracking meals served. Hourly \$15.73/hour. To apply please email resume to: [assistantdirector@monroecommunitykitchen.com](mailto:assistantdirector@monroecommunitykitchen.com) or complete an application in person at 1515 S Rogers St from 8am-4pm, Mon-Fri.

### Kitchen Staff

Position is part-time, varied number of days/wk. Roughly 3-7pm with duties including: transporting food to our Express location; serving carryout meals; working with a volunteer; tracking meals served. Hourly \$15.73/hour. To apply please email resume to: [assistantdirector@monroecommunitykitchen.com](mailto:assistantdirector@monroecommunitykitchen.com) or complete an application in person at 1515 S Rogers St from 8am-4pm, Mon-Fri.

We have openings for year-round or just the summer. Come, be a part of our team and help feed our vulnerable neighbors!

## Kroger Community Rewards

Do you shop at Kroger? Carry one of those Kroger Plus cards? You can help support Community Kitchen when you shop by registering your Plus card on the website and 2% of your purchases support Community Kitchen each time you shop. Follow the link below to register your card today. When you get logged in and registered, just move to the Community Rewards section and select Community Kitchen of Monroe County or organization #SJ831. It's that simple. We receive around \$1,000 each quarter of the year! If you haven't, please do so today:

<https://www.kroger.com/communityrewards>



### Jan– April 2023 Meal Counts

Rogers Street	12,621	Backpack Buddies	31,000
Express	15,816	A Friend's Place	4,585
Food Truck	5,138	Senior Links	742
Feed Our Future	19,653	Hotels for Homeless	155
Head Start	18,287		
Nutrition Links	1,431		

**Total 109,428 (20% over 2022)**

## Brunch dates

We so enjoy our quarterly brunch events and they're great for raising funds for our hunger relief efforts! Each one has different amazing food and cocktails. So that you can plan ahead and not miss one, here are the remaining brunch dates for the year. See the back cover for info on the most upcoming Spring Brunch on May 21st. Brunch dates for the rest of 2023:

- Sunday, May 21st
- Sunday, August 20th
- Sunday, November 5th

## Social Media

Facebook: [@monroe.community.kitchen](https://www.facebook.com/monroe.community.kitchen)  
Instagram: [@monroecommunitykitchen](https://www.instagram.com/monroecommunitykitchen)



## Backpack Buddies Food List

- Canned or pouch tuna or chicken
- Peanut butter
- Meal helpers (like Hamburger/Chicken/Tuna helpers)
- Fruit cups – applesauce, mixed fruit, pears, peaches, etc.
- Instant Oatmeal – individual portions
- Macaroni & Cheese
- Small boxes of cereal
- Easy to prepare food items – instant mashed potatoes, dried soups, beans, rice or pasta meals, etc.
- Granola/fruit/cereal bars
- Dried fruit – raisins, cranberries, cherries, etc.
- Small bread mixes – cornbread, muffin, biscuit, etc.
- Healthy snack crackers
- Small pop top cans or pouches of vegetables