

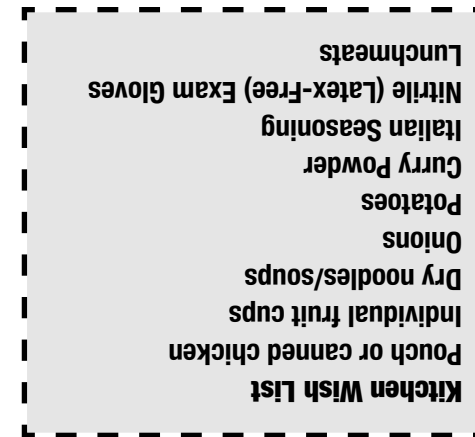
## Express Gets a Facelift

Community Kitchen Express, located at 1100 W 11th St got a much needed facelift in late September. Clow Restorations, Bloomington Township Trustee's Office and volunteers saw fit to replace an aging roof, paint the entire exterior of the building, touch up trim & doors inside the building and freshen up the landscaping. Thanks to all involved for helping give Express much more "curb appeal!"

## Help for the Holidays

It may seem too early to think about, but the holidays will be upon us soon. Thanksgiving and Christmas are right around the corner. At Community Kitchen, those days are special. We have extra volunteer shifts to accommodate all of the many generous volunteers who want to be a part of our holiday meals. Begin thinking about contributing special holiday food for these meals. We need approximately 50 turkeys, 40 boxes of dressing mix, 60 cans of yams, 30 pumpkin pies, 60 cans of cranberries or cranberry sauce, etc. for Thanksgiving. For Christmas we need approximately 20 hams, 60 cans of green beans, 30 pies, etc. We need cream of mushroom soup for each holiday meal. Help us make the holidays special for the needy in our community.

Design, prepress and printing are donated by Timothy Mayer, TMDesign and FinePrint.



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917 South Rogers Street  
Bloomington, IN 47402

Community Kitchen  
of Monroe County, Inc.



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# Food for Thought

A newsletter published by the Community Kitchen of Monroe County, Inc.

October 2009

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## THE NEED IS GREAT!

At Community Kitchen, we've known for quite some time that we have outgrown our current space. However, it has never before been more evident nor more immediate than in these days. With standing room only crowds this week, we are keenly aware of the need for change. Throughout the summer Community Kitchen has been working on a feasibility study to determine how to move forward with better equipping ourselves to meet the current and continually growing need. In this country it simply should not be that there are this many hungry people. And in this community, it simply **should not be** that there are this many hungry people, the food to feed them, and no place to sit. Join with us at Community Kitchen as we work to find the long term solution to feed the hungry in our community who rely on us. So far this year the Kitchen has served over 17% more meals than this time last year. **We expect to serve over 175,000 meals by the end of the year**, a new record by 15% over the previous record number of meals served from CK.

## United Way Campaign Kickoff – LIVE UNITED

On Friday, September 18th United Way of Monroe County kicked off its 2009-10 fundraising campaign and announced a goal of \$1,375,000. When you donate to the United Way campaign, you are helping create opportunity for people in Monroe County. We are keenly aware at Community Kitchen that the entire community

TAKE ACTION. CREATE OPPORTUNITY.

# LIVE UNITED™

wins when children succeed, our neighbors are financially independent, and all families are strengthened. To create that opportunity, United Way focuses on education, earnings, and essentials—the building blocks for a better life. With your help, United Way will invest in 25 certified member agencies, including Community Kitchen, that help local residents make lasting improvements in their lives. To learn more about the United Way campaign, to make a pledge or donation, please visit [www.monroequitedway.org](http://www.monroequitedway.org) or call 334-8370.

## Thank You!

The Community Kitchen would like to thank the following organizational and institutional supporters and we encourage you to thank them as well. These that follow have provided financial, in-kind, or volunteer support since the last newsletter:

Alan Shawn Feinstein Foundation  
 Alpha Phi Omega  
 Area 10 Agency on Aging  
 Avers Pizza  
 Bloomingfoods  
 Bloomington Community Band  
 Bloomington Rotary Club  
 Bloomington Township Trustee  
 Chef Jeff's Eat Large Catering  
 Clark Tool & Grind  
 College Internship Program  
 Crossroads United Methodist Church  
 Cruisin' Classics  
 Downtown Bloomington Inc/Taste  
 Eastview Church of the Nazarene  
 Ellettsville House of Prayer  
 First United Church  
 Freedom United Methodist Church  
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 Schacht Farm  
 St. Charles Borromeo Catholic Church  
 St. Mark's United Methodist Church  
 St. Paul Catholic Center  
 Stanford Senior Club  
 Stoneybrook Community Church of God  
 Subway 1005

The Bakehouse  
 The Shuckers Shak  
 Tri-Parish  
 Trinity Episcopal Church  
 US Food Service  
 Unitarian Universalist Church  
 United Airlines  
 United Commerce Bank  
 United Way of Monroe County  
 Unity of Bloomington  
 University Baptist Church

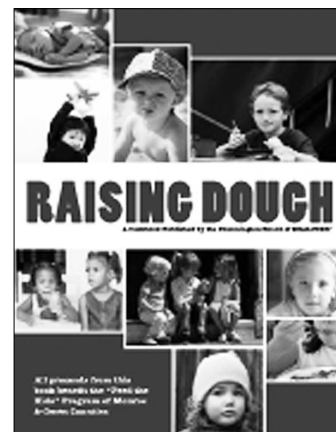
## 2009 Meal Counts

What your support helps accomplish at Community Kitchen

### January—August 2009

Rogers Street CK	41,622
CK Express	28,625
Feed Our Future	29,657
Summer Breakfast Program	11,985
Backpack Buddies	6,640
Nutrition Links	1,230

**Total Meals** 119,759  
 (up 17% increase over 2008)



## Realtors' COOKBOOK supports the Community Kitchen

The Bloomington Board of Realtors is selling its cookbook for \$25 to support Community Kitchen's hunger relief programs for kids. Contact the Bloomington Board of Realtors purchase one today (330-2119).

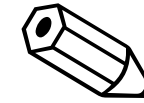
## 3rd Annual Chefs' Challenge – THE BEST EVER!

The air inside the Buskirk-Chumley was filled with amazing aromas as three local chefs faced off in a culinary competition to produce a winning dish and raise money for Community Kitchen's feeding programs. They did just that, with David Tallent taking the "Golden Spatula" award for his excellent uses of the secret ingredient, sweet corn! This year's event raised over \$13,000 for Community Kitchen which would not have been possible without the efforts of lots of caring individuals and businesses. Thanks to all who attended and supported Bloomington's premier culinary fundraiser. If you're interested in Bistro tickets for next year (the seats down front where you get to taste the chefs' creations), call us now. Thirty lucky people will get the chance to purchase the \$100 seats. Call Tim at 332-0999.

The following gave their time, skills and financial contributions: the chefs: David Tallent of Restaurant Tallent, assisted by Jeff Finch of Finch's Brasserie; Alan Simmerman of Bloomingfoods, assisted by Michael Craig of the former Dunn Inn; and Jeffrey Fletcher of Scholars Inn Bakehouse, assisted by Garrett Raviart of Sweet Grass; the judges: Lynn Schwartzberg of the Herald Times, Charlotte Zietlow of Middle Way House's Foodworks and Steve Mangan of the Indiana Memorial Union; the emcees: Brad Wilhelm of Rhino's, Dave Coonce of Bloomingfoods and Gregg "Rags" Rago of Nick's English Hut; the preliminary chefs who contributed appetizers: Neil Riley of Upland Brewery, Damian Esposito of IMU Catering, Nic Farkas of the Cake & the Caterer, Anthony Delvecchio of the Bloomington Country Club, and Corbin Morwick of One World Catering. A special thanks goes to Jo Throckmorton of Blue Ace Media for coordinating everything; the Buskirk-Chumley staff, CATS TV, Matt Traugher (poster creator), George Huntington, Darcy Harvey, our sponsors: The Herald Times, WFIU, City of Bloomington's Buskirk-Chumley Theater Grant Program, SYSCO, US Food Service, Gooldy & Sons, Inc., Oliver Winery, Sodexo, Goods for Cooks, Inner Chef, Bloomingfoods, Fine Print, Greene & Schultz, Butcher's Block, Old National Bank and Dennis Grubb's Catering at Pic-A-Chic Farms. We also got really great local meat and produce from the following local farmers: Fiedler Family Farms, Randy Stout - "Melody Acres", Traders Point Creamery, Steve Spencer, Hunter's Honey, McCullough's Farm, Heartland Farm, Mark Stoll - "Gypsy Ridge Farms", Winklepleck Greenhouse, Cathy Crosson, Stranger's Hill, Padgett's Family Farm, Weber Brothers, Meadowlark Farms, Olde Lane Orchard, John & Nancy Sims, Indian Creek Farms and Schacht's Farm.

## CROP Walk

Join us for Crop Walk on October 18th and walk against hunger. Registration begins at 1pm at Monroe County United Ministries and the walk begins at 2pm. Seventy-five percent of the money raised will be used to support international efforts against hunger and the remaining twenty-five percent will be divided among local hunger fighting agencies here at home, including Community Kitchen. You can help! Interested? Register or donate at [www.cropwalk.org](http://www.cropwalk.org) and be an active part of the solution.



## Community Kitchen Survey

If you have not yet taken our survey, please do so soon. Since mid-summer we have been surveying community members regarding what they know about Community Kitchen and its programs, as well as, what they would like to see us be able to do in the future. Please take a minute to take this short online survey and let us know what you know at: [http://www.surveymonkey.com/s.aspx?sm=2GFIhWle6YYU5\\_2fXn6YpHOA\\_3d\\_3d](http://www.surveymonkey.com/s.aspx?sm=2GFIhWle6YYU5_2fXn6YpHOA_3d_3d) or visit our website: [www.monroecommunitykitchen.com](http://www.monroecommunitykitchen.com) and click on the survey link.