

Food for Thought

A newsletter published by the Community Kitchen of Monroe County, Inc.

January 2011

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of Monroe County, Inc.

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Build the Kitchen—Feed the Community

It's getting closer. The renovation and subsequent move of Community Kitchen to our new home at 1515 S Rogers St, is getting closer. In December we solicited bids for the renovation project. Those bids were opened in January. The low bid was \$922,000 by Strauser Construction. Contracts will be signed soon and work will begin! In the time between now and the early fall, we have MUCH work to do! There is still over \$450,000 to raise between now and then. We need your help. If you have not yet given to the Build the Kitchen fund, please do so now. If you know of friends, neighbors or colleagues who might be interested, please encourage them to give or invite them to contact us for more information or a more formal presentation. We know the value of what this community accomplishes through Community Kitchen. We are pleased to have the opportunity to share that with others. Help us do that so that we can renovate this building, pay for it, and get back to our singular focus of fighting hunger in our community. As with our operations, every gift makes a difference and gets us closer to our goals! Please give to this project today.

Volunteer Recognition & Annual Meeting

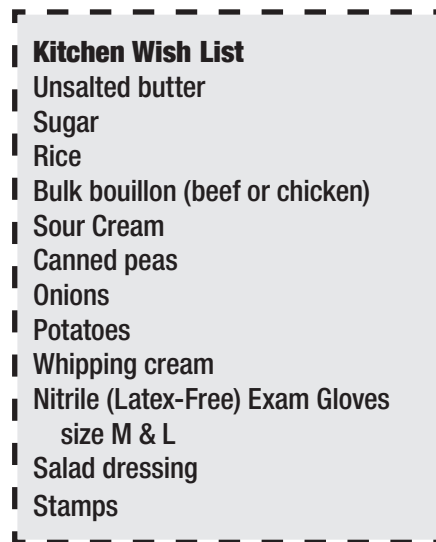
Community Kitchen is able to maximize our resources and provide high levels of service with low overhead, due in large part to the countless individuals and groups who volunteer their time at Community Kitchen. Volunteers at the Kitchen serve by helping to dish up carryout meals, preparing salads or side items for dinner, preparing sack lunches & snacks for children in after-school programs, serving cafeteria style to evening patrons, sweeping, mopping, doing dishes, helping with special projects, packing backpacks of weekend food supplies for children, assembling our newsletter, organizing our pantries, picking up community donations, serving on our board of directors, providing special activities for our patrons, and many other tasks. **In 2010, the cash value of donated time to Community Kitchen was over \$78,400! Volunteers filled over 4,200 volunteer shifts!** They are our friends, our partners and our lifeblood.

On February 27th, we will gather to honor our volunteers and especially recognize those who have served 50 hours or more in 2010. It is a small token of appreciation for the many hours of service our volunteers provide in the fight against hunger every year. The celebration will be from 3-5pm on Sunday, February 27th at KRC Banquets & Catering (216 S College Ave) and will include our Annual Meeting (about 15 minutes). We will highlight the year's achievements and ratify the election of new members to the Board of Directors. All who have contributed to Community Kitchen in the past year and are present, are eligible to vote at this meeting. Hors d'oeuvres & desserts will be served, along with music by Jeff Foster & eclectic guitar. Please RSVP to Annie by February 14th at volunteer@monroecommunitykitchen.com or 332-0999.

Record—Year 2010

2010 was an eventful year for Community Kitchen. We set a new meal service record by about 15%. We expanded our outreach efforts to children, adding Summer Breakfast sites in Ellettsville. We expanded our Backpack Buddies program into another elementary school. We bought our first building and began raising the money to renovate it. It was an extraordinary year for us and we could not have done it without you! Here are some of the numbers:

- Meals served in 2010—211,322 a record by 15%
- 60% of patrons were children
- 14% of patrons were seniors
- Summer Breakfast meals increased 13%
- Meals to children increased 65%



Return Service Requested

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Community Kitchen
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Thank You!

The Community Kitchen would like to thank the following organizational and institutional supporters and we encourage you to thank them as well. These that follow have provided financial, in-kind, or volunteer support since the last newsletter:

Alpha Gamma Delta
 Alpha Phi Omega
 American Legion—Burton Woolery
 Post #18
 Angel B's Bakery
 Beacon Bulb Productions, LLC
 Bill C Brown Associates,
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 St. Mark's United Methodist Church
 St. Paul Catholic Center Youth
 St. Thomas Evangelical Lutheran Church
 Stanford Outreach
 Stat Ambulance
 Stoneybrook Community Church of God
 Storage Express
 Strauser Construction
 Sycamore "A" Region
 Tasus Corporation

Trinity Episcopal Church
 Tri-Parish
 Unionville Church of Christ
 Unitarian Universalist Church
 United Commerce Bank
 United Way of Bartholomew Co.
 United Way of Central Indiana
 United Way of Monroe County
 Van Buren Trustee
 Volunteers in Medicine
 Western Acquisition Inc.
 Willkie Residence Hall
 Women of Color Institute
 Woodhaven Christian Church CWF
 WTIU

2010 MEAL COUNTS Another New Record!

Rogers Street CK	63,579
CK Express	48,283
Feed Our Future	74,240
Backpack Buddies	10,657
Summer Breakfast	13,597
Nutrition Links	966
Total meals	211,322



Palette to Palate—Save the Date!

Saturday, May 21, 2011

6pm

IU Henke Hall of Champions

Community Kitchen's Silent Art & Live Auction will again take place in May to raise money for the Kitchen's hunger relief programs. We are very excited that this year's event will move to the Indiana University Henke Hall of Champions in Memorial Stadium! Tickets will be available after March 1st at Community Kitchen (917 S Rogers) and will be \$25. For further information, please contact Community Kitchen at 332-0999.



Homeward Bound 5K Walk

Sunday, April 10, 2011

Noon

Third Street Park, Bloomington

The 9th Annual Bloomington Homeward Bound Walk is a community event that benefits local, non-profit agencies, which serve those suffering from homelessness in Monroe County. All funds raised through the walk stay local. Community Kitchen is one of the agencies participating in this year's Homeward Bound walk to fight the effects of poverty and homelessness. At Community Kitchen we provide meals to anyone in need, no questions asked. As you might imagine, persons experiencing homelessness are among our patrons. In order to raise awareness and funds to continue feeding those in need, Community Kitchen will again participate in Homeward Bound. Consider supporting Community Kitchen. Simply visit: http://bloomington.in.gov/documents/viewDocument.php?document_id=2997 to join the Community Kitchen team, volunteer, donate or start your own team. "Walk a day, change a life"



Look at all of the the containers of portioned snacks that the McDoel Gardens Neighborhood volunteers bagged on MLK Day. What a crew!

MLK, Jr. Day On, Not a Day Off Project

Community Kitchen is again grateful for the help and support of the McDoel Gardens Neighborhood on Martin Luther King, Jr. Day. Community Kitchen is nestled in the McDoel neighborhood and was the recipient of their volunteer support on January 17th for MLK Day. Neighborhood folks of all ages gathered at McDoel Baptist Church and helped portion bulk food items for our Backpack Buddies and Feed Our Future Program. Thank you, McDoel Gardens!



McDoel Gardens Neighborhood participates in a MLK Day project for Community Kitchen.