

## Food Donation Requirements

When you clean out your cabinets and freezers, or have leftover food from a party, we appreciate the subsequent food donations. Please be aware though of our limitations on receiving donated food. In order to follow Health Department regulations, we may not accept the following donations:

- Open containers of food
- Expired food
- Food that was not properly cooled or stored
- Dented cans
- Foods that have been frozen for more than one year
- Prepared foods that were not cooked in a licensed kitchen

While we certainly appreciate the intentions of donors, we must pay incredible attention to the health and safety of our patrons and not accept the foods listed above. Following all Health Department guidelines allows us to provide our patrons with the best nutrition possible. Thank you for your help with this!

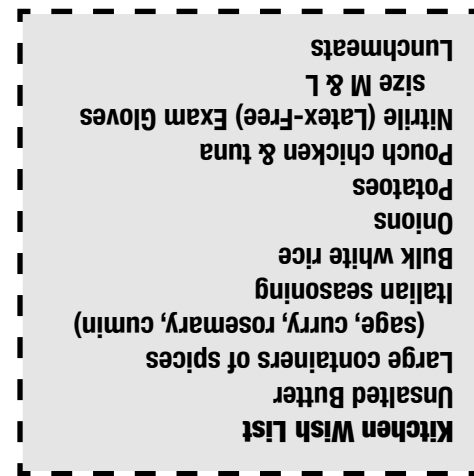
## Matchstick Phase IV – We made it!

Thank you! Thank you! Thank you! You have helped us reach our goal of raising \$15,000 to qualify for a \$5,000 match. Thanks to your generosity we met our Matchstick Phase IV goal and have added \$20,000 to our endowment this year. Community Kitchen will participate in Phase V next year with a goal of raising \$7,500 for endowment. That would qualify for another \$2,500 match. Phase V gifts cannot be received until after January 1st.



Lighting a path for our community.

Design, prepress and printing are donated by Timothy Mayer, TMDesign and FinePrint.



Return Service Requested

PO Box 3286  
917 South Rogers Street  
Bloomington, IN 47402

Community Kitchen  
of Monroe County, Inc.



non-profit org.  
US Postage  
PAID  
Bloomington, IN  
Permit No. 312

# Food for Thought

A newsletter published by the Community Kitchen of Monroe County, Inc.

December 2009

## Board of Directors

Jim Becker  
JoAnne Bunnage  
Darlene Cook  
Kyla Cox  
Laurie Eynon  
Terry Harper  
Valeri Haughton  
Nick Hillman  
Judy Lucas  
Daniel McNabb  
Linda McNabb  
Maryjane McNabb  
Fred Schick  
Martha Schick

## Staff Members

Ann Brookshire  
Tim Clougher  
Evan Copelly  
Hugh Farrell  
Robin Harper  
Allison Homan  
Julius Lee  
Ashley Mann  
Eric Patterson  
Jodi Peacock-Clark  
Vicki Pierce  
Adam Sommer  
Garland Waleko

## Community Partners

Bloomington Township  
Hoosier Hills Food Bank  
Martha's House  
Mother Hubbard's Cupboard  
Options  
Perry Township  
Stone Belt Hand 'n Hand  
United Way of Monroe County



Community Kitchen  
of Monroe County, Inc.

PO Box 3286  
917 South Rogers Street  
Bloomington, IN 47402

Phone: (812) 332-0999  
Fax: (812) 332-1937

Email: [www.monroecommunitykitchen.com](http://www.monroecommunitykitchen.com)

## THE NUMBERS KEEP CLIMBING!

In 2007, Community Kitchen served a record number of meals to community members in need. We served 152,516 meals that year. On November 2, 2009 we passed that previous record and by the end of November we had served 169,257 meals this year! We've seen an increase of 21% more meals served so far this year! By the end of the year, you will have enabled us to provide over 180,000 meals to community members in need. Your support has been vital to meeting the increased need this year. Over 60% of our patrons have been children, while another 17% have been seniors. Your generosity makes it possible to put food on the table each evening and supply local children with the essentials they need to continue healthy, timely growth and development. Your ongoing support is important as we continue to address the growing numbers of hungry people in our community.

## Holiday Meals

The holiday season is a joyous one for many of us. At the Kitchen, we are acutely aware that it is not so joyous for all of our neighbors. We know that with the current economy, the need is great, as evidenced by our high turnout for Thanksgiving. Community Kitchen provided a warm, traditional Thanksgiving meal of turkey, dressing, green bean casserole, cranberry ambrosia, rolls and pies to anyone in need. We served over 550 meals that day (120 more than last year) and handed out 200 bags of groceries. We expect a similar turnout for Christmas day. On Christmas, we will serve ham, mashed potatoes, green bean casserole, tropical fruit, rolls and pies. We will need approximately 30 hams, 75 cans of tropical fruit, 75 cans of green beans and cream of mushroom soup, 35 pies, 45 dozen rolls, etc. Help us make the holidays special for the needy in our community by donating food or funds this holiday season!



Lee, a regular Community Kitchen volunteer, opens cans of green beans to prepare green bean casserole for Thanksgiving Dinner.

## Thank You!

The Community Kitchen would like to thank the following organizational and institutional supporters and we encourage you to thank them as well. These that follow have provided financial, in-kind, or volunteer support since the last newsletter:

9 Patches Extension Homemakers	Labtek, Inc.
Alpha Phi Omega	Lilly Endowment, Inc.
AMVETS Post 2000	Meadowood Retirement
American Legion—Burton Woolery Post #18	Community Residents
Area 10 Agency on Aging	Monroe County Council
Bill C Brown Associates, Ron Remak—General Agent	Mother Bear's Pizza
Bloomington Board of Realtors	Muslim Student Union
Bloomington Quaker Meeting	New Prospect Baptist Church
Bloomington Township Trustee	North Central Church of Christ
Boston Scientific	Old National Bank
Century 21	Omega Phi Tau—Phi Chapter
Chef Jeff's Eat Large Catering	One World Enterprises
Church World Service Inc.	Option Six
Clark Tool & Grind	Perry Township Trustee
Cook Inc.	R&R Long Corp McDonald's
Crossroads United Methodist Church	Rebecca & Me
DGTL Tibetan Monastery	Relish
Delta Phi Omega	Roma Foods
Ellettsville House of Prayer	St. Charles Borromeo Catholic Church
Ellettsville Senior Citizens	St. John the Apostle Catholic Church
Evening Glories Home Extension Club	St. Mark's United Methodist Church
Fairfield Inn	Stanford Senior Club
Fairview United Methodist Church	Sunrise Greetings
First Christian Church	Terry's Catering
First Church of Nazarene	Tri-Parish group
First United Church	Unitarian Universalist Church
Freedom United Methodist Church	United Way of Monroe County
Habitat for Humanity	Unity of Bloomington
Hand in Hand a Stone Belt Project	University Baptist Church
Hearne Development, LLC	Walk a Lot Extension Club
Hilger Enterprises—Orkin Pest Control	West Side Trinity Pentecostal Church
INPIRG	Western Acquisition Inc.
IU Civic Leadership Development	Willkie Residence Hall
IU College Democrats	Woodhaven Christian Church CWF
IU College Internship Program	
IU Nutrition Classes	
IU Student Enrollment Services	
IU WAVE	
Indianapolis Church of Christ	
Jimmy John's	
Kappa Kappa Sigma—Iota Chapter	
Korean Presbyterian Church of Bloomington	
LIFE Farm	

## 2009 Meal Counts

What your support helps accomplish at Community Kitchen

### January—November 2009

Rogers Street CK	58,784
CK Express	40,758
Feed Our Future	45,350
Summer Breakfast Program	11,985
Backpack Buddies	11,010
Nutrition Links	1,370

**Total Meals** 169,257  
(21% increase over 2008)

## Community Kitchen on Facebook

If you are a Facebook user, consider joining the Community Kitchen of Monroe County group. It's a great way to keep updated on things that are happening at or to benefit the Community Kitchen. **Come join us!**

## Facility Feasibility Study

During the summer Community Kitchen conducted a facility feasibility study. The purpose of this study was to determine how well the current facility, generously provided by Perry Township, meets our current needs and future growth. Most of you are likely aware that we share this facility with Martha's House, a local homeless shelter. We currently occupy a little over 1,200 square feet of space with an additional 600 square feet of storage space off site, where we keep most of our food supplies. We will serve well over 180,000 meals this year from the same space through which we provided 118,000 meals in 2003. Our dining room seats 50 at one time and we serve 95-150 sit down meals each evening in that space. We now have blocks of time that are standing room only.

The study carried out by John Byers Associates helped us determine our space needs. The findings indicated that we need 5,400 square feet of space to get all current operations into one facility and have room for future growth. We need about 1,200sf of kitchen and prep area, 1,600sf of dining room/public restroom space, 750sf of office area, 600sf for pantry and another 1,250sf of warehouse storage. That much space will allow Community Kitchen to meet current needs much more efficiently and effectively. It will also allow us to meet the ever growing needs we see in our community. In a larger space we will be better able to target food to at-risk children and other vulnerable populations. Keep watching our newsletter and website for future updates about what comes next.



Paul & Gretchen helped out by pulling turkey meat on Thanksgiving Day.

## Thank you for your Thanksgiving help!

We extend a special thank you to all who donated food or volunteered time on Thanksgiving Day. Over 30 volunteers worked to help staff prepare and serve over 550 meals on Thanksgiving Day. It was the biggest Thanksgiving for us in the history of Community Kitchen! Your donations of time and food made it possible and enjoyable for all. Thank you!

