

# Food for Thought

A newsletter published by the Community Kitchen of Monroe County, Inc.

## August 2011

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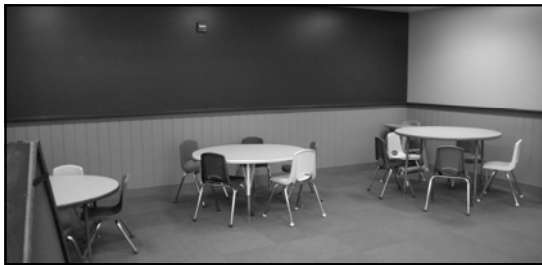
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### COMMUNITY PARTNERS

Bloomington Township  
Hoosier Hills Food Bank  
Martha's House  
Mother Hubbard's Cupboard  
Options  
Perry Township  
Stone Belt Hand 'n Hand  
United Way of Monroe County

## AN UPDATE FROM 1515 S ROGERS ST!

It's been a busy last month or so at Community Kitchen. During the last week of July we moved into our new facility at 1515 S Rogers St. We served our first meal here on July 27<sup>th</sup> and had new families with young children using the family dining room on the very first day! We are currently settling in, adjusting our operations to the new space and finding the areas for improvement. Almost all of the details are completed in the facility and we have been working to get food and equipment from off-site locations, to our new space. We still have about \$275,000 to raise to pay down the renovation part of our construction loan. If you'd like to help us reduce that debt, please use the enclosed envelope to make a donation. Note: Capital Campaign or Build the Kitchen in the memo section.



Clockwise from upper left: Family dining room, front of our facility, half of the main dining room, volunteers planting landscaping around the back parking lot.

# GIVE \$10 TELL 10

**TO HELP COMMUNITY KITCHEN!**

IF WE ALL CHIP IN, WE CAN ELIMINATE HUNGER IN MONROE COUNTY. Support the Community Kitchen's building renovation project with a contribution of \$10 or more.

PLEASE  
GIVE TODAY  
AND TELL  
10 OF YOUR  
FRIENDS!



## Give \$10, Tell 10

One way we're working to raise funds is by trying to get the ENTIRE community involved in this campaign. You can help us out but spreading the word about our *Give \$10, Tell 10* people campaign. If you will simply share with 10 friends, your Facebook friends or Twitter followers, book club, service club or congregation, your support of Community Kitchen, we can get there together. Flyers and posters are available electronically by calling Vicki at 332-0999.



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# THANK YOU!

The Community Kitchen would like to thank the following organizational and institutional supporters and we encourage you to thank them as well. These that follow have provided financial, in-kind, or volunteer support since early June:

- |  |                                      |
|--|--------------------------------------|
| Angel B's - A Galleria of Cakes                | Read Dining Hall                     |
| Banneker Community Center Youth Summer Program | Relish                               |
| Bethel Lane Holiness Community Church          | Restaurant Tallent                   |
| Black's Lumber                                 | Sallee Dental Studio                 |
| Black's Mercantile                             | Southside Christian Church           |
| Bloomingfoods                                  | St. Charles Borromeo Catholic Church |
| Bloomington Bicycle Club                       | St. Mark's United Methodist Church   |
| Bloomington Fire Dept                          | Stanford Outreach                    |
| Bloomington Friends Meeting                    | Stoneybrook Community Church of God  |
| Bloomington Speedway                           | Strauser Construction                |
| Bloomington Township Trustee                   | Subway 1005                          |
| Cairril.com Inc                                | T.I.S. Inc.                          |
| Capital Realty Group, Inc.                     | Tennell Village                      |
| Chicago's Pizza of Bloomington, Inc.           | The Briar & The Burley               |
| Child's Elementary School                      | Theta Chi                            |
| City of Bloomington                            | Tri-Parish                           |
| Clark Tool & Grind                             | Unionville Church of Christ          |
| Commercial Service                             | Unitarian Universalist Church        |
| Crossroads United Methodist Church             | United Way of Central Indiana        |
| DGTL Tibetan Monastery                         | United Way of Monroe County          |
| Endwright Center Senior Club                   | Unity of Bloomington                 |
| Fairview United Methodist Church               | Van Buren Township Trustee           |
| First United Church                            | Woodhaven Christian Church           |
| General Electric                               |                                      |
| General Interiors, Inc.                        |                                      |
| Grace Fellowship Assembly of God               |                                      |
| Habitat for Humanity                           |                                      |
| Hand in Hand a Stone Belt Project              |                                      |
| Harlow Properties LLC                          |                                      |
| Herald-Times and Hoosier Times                 |                                      |
| Hilger Enterprises - Orkin Pest Control        |                                      |
| Indianapolis Church of Christ                  |                                      |
| ISU The May Agency                             |                                      |
| IU Credit Union                                |                                      |
| IU Health - Bloomington Hospital               |                                      |
| IU Student Enrollment Services                 |                                      |
| Jackson Creek Properties                       |                                      |
| Korean Presbyterian Church                     |                                      |
| Lauren B Strains Auxilliary Post 604           |                                      |
| Les Champs Elsees Day Spa & Salon              |                                      |
| Maple Grove Christian Church                   |                                      |
| Meadowood Retirement Community Resi-           |                                      |
| dents  |                                      |
| North Central Church of Christ                 |                                      |
| Old National Bank Foundation                   |                                      |
| Papa John's                                    |                                      |
| Parks & Recreation                             |                                      |
| Perry Township Trustee                         |                                      |
| Psi Iota Xi                                    |                                      |

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## 2011 Meal Counts January - July 2011

Rogers Street	34,409
Express	27,512
Feed Our Future	50,583
Nutrition Links	1,702
Backpack Buddies	7,620
Summer Breakfast Program	9,547

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**Total** **131,373 (9% increase)**

## COMMUNITY KITCHEN PUBLIC OPEN HOUSE

Please come see our new space, hear from key stakeholders and enjoy being a part of this important part of Community Kitchen history.

**Sunday, August 28th**  
**1-3pm**  
**1515 S Rogers St**  
**Remarks at 1:30pm**

Parking is available on site & in back, across the street and along Rogers St. Please do not parking at the warehouse immediately south of the Kitchen. All are invited! Please come share this day with us!

## UPCOMING FUN WAYS TO SUPPORT COMMUNITY KITCHEN

### Eat Wings – Raise Funds at Buffalo Wild Wings – September 1<sup>st</sup>

You are invited to Buffalo Wild Wings® at 1350 Bloomfield Rd. on Thursday September 1st from 5pm – 11pm to gather for dinner, carryout or a snack. On this day, 10% of all food purchases accompanied by a certificate will be donated to Community Kitchen of Monroe County. You can get copies of the certificate at Community Kitchen (1515 S Rogers St) or download it from our website: [www.monroecommunitykitchen.com](http://www.monroecommunitykitchen.com) or our Facebook page.



**FRIDAY**  
**September 9th**  
**7-9PM**



an evening of  
**RETRO-CARDIO**  
and silent auction

### Retro Cardio at Next Generation Personal Training & Fitness – September 9<sup>th</sup>

NGPT will hold a fabulous event to promote exercise and support Community Kitchen. Here's how it works: The event will be split up into 2 hrs on Friday, September 9<sup>th</sup>.

From 7-8pm both rooms at NGPT will be packed with people dressed up in their RETRO best for a Retro Cardio workout segment. To participate in this segment, one must sign up online at [www.wemeltyou.com/](http://www.wemeltyou.com/). Click on the Quick Schedule Link. Participation will cost \$10 and is limited to 60 people.

The second hour both rooms will be open for dancing as Retro Queen, Pam Thrash, keeps things rockin and rolling. Anyone can show up for this segment and have a great time. All proceeds will benefit Community Kitchen. If you have questions, you can contact NGPT at 888-wemelt-you or [bill@nextgenerationpt.com](mailto:bill@nextgenerationpt.com).

### Bloomingfoods 5K Breakaway - September 10<sup>th</sup>

The annual Bloomingfoods 5K Breakaway Walk and Run will take place on Saturday morning, September 10th, with on-site registration beginning at 7am. The race will start at 8:30am at Sixth and Madison, next to the Near West Side Bloomingfoods. Entry fees are \$10 for early entry, and \$20 on race day. Full details can be found at [www.5kbreakaway.com](http://www.5kbreakaway.com). Net proceeds will support Middle Way House and Community Kitchen.



# Chefs' Challenge 2011 - Sunday, September 4<sup>th</sup>

Buskirk-Chumley Theater - Competition begins at 7:00pm

Community Kitchen will hold the fifth annual Bloomington's Chefs' Challenge this upcoming Labor Day weekend. Based on television's popular *Iron Chef*, this culinary event will feature three local chefs who will have one hour to prepare a winning dish from a pantry of ingredients. A "mystery ingredient" will be revealed right before the competition begins. BCAT film crews will show close-ups of the fast-paced action on the theater's big screen. Emcees will update the audience as the competition heats up and the celebrity judges will pick the top dish. Judging is based on the use of time, use of product, including secret ingredient, presentation and taste. The three competitors in this year's competition are: **Erika Yochum** of Feast, **Damian Esposito** of the Indiana Memorial Union and **Lake Hubbard** of Uptown Café.

Tickets are \$25 and are available at the Sunrise box office, Community Kitchen and all Bloomingfoods locations. A cash bar and hors d'oeuvres will be available. We currently have an online auction for the 30 bistro seats down front. Bistro guests have the ultimate Chefs' Challenge experience being close to the action, complimentary wine, table service and best of all...a sampling of each dish created by the chefs!

Here's how to bid:

- Send an email to [chefchallenge@yahoo.com](mailto:chefchallenge@yahoo.com) with the # of seats you would like and your bid (per seat).
- Bidding will last until Monday, August 29<sup>th</sup> at 5pm, at which point the top 30 bidders will get the seats.
- Bidders will be emailed each day to let them know of their standing in the auction. Emails will come more frequently on the final day of bids.
- Minimum bid is \$100/seat and bids should increase in increments of \$10 or more.



## Kitchen Wish List

Fresh fruit & vegetables  
Nitrile exam gloves M or L  
Canned vegetables  
Lunch Meats  
Salad dressing  
Onions  
Potatoes  
Butter

Return Service Requested

Community Kitchen  
of Monroe County, Inc.  
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Bloomington, IN 47402-3286



Non-profit org.  
US postage  
PAID  
Bloomington, IN  
Permit No. 312